

INCAT 失能分數

(Inflammatory Neuropathy Cause and Treatment Disability Score)

上肢失能 (ARM disability)	0	上肢沒有問題 No upper limb problems
	1	單臂或雙臂的症狀不影響從事下列任何活動：拉拉鏈和扣鈕扣；洗頭或梳頭；同時使用刀叉；傳遞小硬幣 Symptoms, in one or both arms, not affecting the ability to perform any of the following functions: doing all zips and buttons; washing or brushing hair; using a knife and fork together; handling small coins
	2	單臂或雙臂的症狀會影響但不妨礙上述任何活動 Symptoms, in one arm or both arms, affecting but not preventing any of the previously mentioned functions
	3	單臂或雙臂的症狀會妨礙上述一或兩種活動 Symptoms, in one arm or both arms, preventing one or two of the previously mentioned functions
	4	單臂或雙臂的症狀會妨礙上述三項或全部活動，但仍可以進行一些自主性動作 Symptoms, in one arm or both arms, preventing three or all of the functions listed, but some purposeful movements still possible
	5	任一手臂都無法進行自主性動作 Inability to use either arm for any purposeful movement
	上肢 INCAT 分數 (INCAT score for ARMS)	

下肢失能 (LEG disability)	0	行走不受影響 Walking not affected
	1	行走受到影響，但可在戶外獨立行走 Walking affected, but walks independently outdoors
	2	戶外行走時通常使用單邊支撐 (1 根手杖或拐杖、一手支撐) Usually uses unilateral support (stick, single crutch, one arm) to walk outdoors
	3	戶外行走時通常使用雙邊支撐 (2 根手杖或拐杖、助行器、兩手支撐) Usually uses bilateral support (sticks, crutches, frame, two arms) to walk outdoors
	4	戶外行走時通常需要坐輪椅，但能夠在輔助下站立或走幾步 Usually uses wheelchair to travel outdoors, but able to stand and walk a few steps with help
	5	只能坐輪椅，即使有輔助也無法站立和行走 Restricted to wheelchair, unable to stand and walk a few steps with help
	下肢 INCAT 分數 (INCAT score for LEGS)	

INCAT 總分 (sum of Arm and Leg score)	
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